## MODULE 1 SUPPORT AND APPRECIATION



## **Learning outcomes**

- Networking
- Bonding
- Connecting
- Creating community
- Developing social skills.
- Helping mothers use art as an expression tool.
- Teamwork

## **Total duration**

2-hours of group activities face to face or online
1-hour self-learning
3-hours homework activities

## **Instructions for facilitators**

See Descriptions for face-to-face and online implementation in the following group activities



The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the commission cannot be held responsible for any use which may be made of the information contained therein.